# **Covid-19 - the right test helps protect us all**

There are two different types of Covid-19 tests, so make sure you take the right one. To understand the right tests for the right situation, answer this question:

# Why are you taking a test?

I don't feel well, I want to check if my symptoms are from a Covid-19 infection *For advice on symptoms, see reverse* 



I don't have any symptoms, but I've been told I am a close contact of somebody with Covid-19, and I have been advised to get tested



#### Symptoms or close contact = PCR Test



Find local test sites and how to get a home test at www.nhs.uk/coronavirus For help and support with self-isolating visit www.dudley.gov.uk/self-isolation I feel fine and have had my second vaccine but I want to check if i have non-symptomatic Covid-19 so I don't pass it on to my friends and family

My workplace has asked me to take regular Covid-19 tests to keep an eye out for non-symptomatic Covid-19

### No symptoms = Lateral Flow Test (LFT)

	ls it sent away for processing?	×
Ĩ.	Results received:	Within 15-30 minutes
	Tells if you have Covid-19?	1
	Can be checked for variants?	×

Free boxes of rapid tests (LFT) can be picked up at test centres, participating pharmacies or ordered online - find out your local collection point at

www.dudley.gov.uk/symptomfree

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# The symptoms of COVID-19

# The main symptoms of COVID-19:

a new, continuous cough



a loss or change to your sense of smell or taste

...you should immediately self-isolate and book a PCR test for any of the above symptoms.

## Symptoms sometimes linked to COVID-19:



headaches



aches and pains



sore throat



runny nose

sneezing

tummy ache in children

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feeling very tired for no good reason

...you may wish to book a precautionary PCR test if you feel unwell with any of the above symptoms.

### Book a test at www.nhs.uk/coronavirus or by calling 119 If you're booking a precautionary test, select that your council has asked you to do so.

# **REMEMBER:**

⑧ HANDS ● FACE ← SPACE ○ FRESH AIR ※ TEST 》 VACCINATE

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