Covid-19 - the right test helps protect us all

There are two different types of Covid-19 tests, so make sure you take the right one. To understand the right tests for the right situation, answer this question:

Why are you taking a test?

I don't feel well, I want to check if my symptoms are from a Covid-19 infection *For advice on symptoms, see reverse*



I don't have any symptoms, but I've been told I am a close contact of somebody with Covid-19, and I have been advised to get tested



Symptoms or close contact = PCR Test



Find local test sites and how to get a home test at www.nhs.uk/coronavirus For help and support with self-isolating visit www.dudley.gov.uk/self-isolation I feel fine and have had my second vaccine but I want to check if i have non-symptomatic Covid-19 so I don't pass it on to my friends and family

My workplace has asked me to take regular Covid-19 tests to keep an eye out for non-symptomatic Covid-19

No symptoms = Lateral Flow Test (LFT)

| | ls it sent away for processing? | × |
|----|---------------------------------------|----------------------------|
| Ĩ. | Results received: | Within 15-30 minutes |
| | Tells if you have Covid-19? | 1 |
| | Can be checked for variants? | × |

Free boxes of rapid tests (LFT) can be picked up at test centres, participating pharmacies or ordered online - find out your local collection point at

www.dudley.gov.uk/symptomfree

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The symptoms of COVID-19

The main symptoms of COVID-19:

a new, continuous cough



a loss or change to your sense of smell or taste

...you should immediately self-isolate and book a PCR test for any of the above symptoms.

Symptoms sometimes linked to COVID-19:



headaches



aches and pains



sore throat



runny nose

sneezing

tummy ache in children

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feeling very tired for no good reason

...you may wish to book a precautionary PCR test if you feel unwell with any of the above symptoms.

Book a test at www.nhs.uk/coronavirus or by calling 119 If you're booking a precautionary test, select that your council has asked you to do so.

REMEMBER:

⑧ HANDS ● FACE ← SPACE ○ FRESH AIR ※ TEST 》 VACCINATE

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